

Growing & Caring For Ourselves Key Stage 1

Scheme of Work

Word Box: Clean, similar, different, family, boy, girl, male, female, body parts, penis, vagina

End of Key Stage Statements

PSHE Framework
3e, the names of the main parts of the body

4d, that family and friends should care for each other

4c, to identify and respect the differences and similarities between people

National Curriculum Science
Sc2/1b, that animals including humans move, feed, grow, use their senses, and reproduce

2a, to recognise and compare the main external parts of the bodies of humans and of other animals

Learning Intentions and Learning Outcomes

Learning Intention

To understand some basic hygiene principles

Learning Outcomes

Know how to keep clean and look after oneself

Learning Intention

To introduce the concept of growing and changing

Learning Outcomes

Know how people grow and change
Understand that babies become children and then adults
Know the differences between boy and girl babies

Learning Intention

To explore different types of families and who to ask for help

Learning Outcomes

Know there are different types of families
Know which people we can ask for help

Lesson Title

Lesson 1

[Keeping Clean](#)

Lesson 2

[Growing and Changing](#)

Lesson 3

[Families and Care](#)

Resources

Talking object
Story bag containing sponge, toothbrush and soap (and a school jumper or shirt if available)
[Keeping Clean pictures](#)

Talking object
Story bag containing [Pictures of newborn babies](#)
[Lifecycle picture cards](#)
[Lifecycle word cards](#)
[Lifecycle whiteboard summary](#)

Talking object
Story bag - containing plaster and skipping rope
[Pictures of families](#)
The Family Book, Todd Parr

Additional Activities

Suggested reading:
Happy Families, Allan Ahlberg
Who's in a Family? Robert Skutch